


JULY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 <u>NO LUNCH TODAY</u>	3 <u>TOWN OFFICES ARE CLOSED</u>	4  HAPPY 4TH OF JULY
5	6 1:00 CHAIR YOGA	7 9:30 LINE DANCE NO LUNCH	8	9 NO LUNCH 5:30 Caregiver Support Meeting	10 <u>COA CLOSED TO THE PUBLIC</u> ANNUAL COOKOUT @ AVON FISH & GAME	11
12	13 1:00 CHAIR YOGA	14 9:30 LINE DANCE NO LUNCH	15 <i>MOVIE</i>	16 12:00 LUNCH 12:30 CARDS <u>12:00 Blood Pressure Clinic</u> COA Board Meeting	17 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ	18
19	20 1:00 CHAIR YOGA	21 9:30 LINE DANCE NO LUNCH	22 CASTLE ISLAND TRIP (Rain Date July 29 th)	23 12:00 LUNCH 12:30 CARDS 5:30 P.M. ALIVE INSIDE MOVIE SHOWING	24 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ	25
26	27 1:00 CHAIR YOGA	28 9:30 LINE DANCE NO LUNCH	29	30 12:00 LUNCH 12:30 CARDS 1:00 SIGN UP FOR BOURNE SCALLOP FESTIVAL - COA	31 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ	